

# IMMERSE YOUR STUDENTS IN HEALTHCARE ABROAD



## DESTINATIONS WITH HEALTHCARE STUDENTS IN MIND

**Cuba:** The journeys take place in the capital of Havana with some day trips to other areas, including the Shrine to Saint Lazarus, considered the second most important shrine in Cuba. The sisters who are hosting this program own nursing homes for the elderly, and they also work in homes for the severely disabled and those with Hansen's Disease (also known as leprosy). Additionally, your students will visit various Catholic programs to help children with disabilities and their families, single mothers, and a bioethics center. If you wish to take your group across the island to Santiago, your students will visit places rarely seen by tourists and will meet with Catholic rural social service organizations.

**Merida, Mexico:** The host, Marista University, has both a medical school and health studies program, and it operates a clinic in a very poor Mayan community on the outskirts of the city. With advance planning, US students may be able to participate in clinical experiences. Students will also visit the Chichen Itza ruins and have a day at the beach. Merida is ranked at a Level 1 by the US State Department, its safest rating.

**Mexico City:** The host organization for this journey is LaSalle University, which has a medical and health studies campus. Students will visit hospitals and clinics, and they will receive presentations by health studies faculty. With advance planning, students may be able to participate in clinical experiences alongside LaSalle students. Mexico City is ranked Level 2 for safety by the U.S. State Dept, just like London, Rome and Paris.

**Uganda:** Journeys are to the capital of Kampala and to the south central area near Masaka. These are economically and politically stable areas with low crime. Students will visit hospitals and clinics. They will learn more about what Uganda has done to keep the AIDS crisis under control in comparison with neighboring countries. They also will explore the diversity of Uganda by visiting a Hindu temple and a mosque as well as the Catholic shrine to the Ugandan martyrs of the era of European exploration. There is also a short safari to a game park to see the amazing animals.

**Memphis:** In addition to visiting St. Jude's Children's Hospital, students will volunteer with the affiliated residences providing housing and community to children and families. They will also visit the National Civil Rights Museum on the site of Rev. Dr. Martin Luther King Jr's death.

**Have a destination in mind not listed here? We take special requests!**

[WWW.SAINTCHRISTOPHERJOURNEYS.COM](http://WWW.SAINTCHRISTOPHERJOURNEYS.COM)

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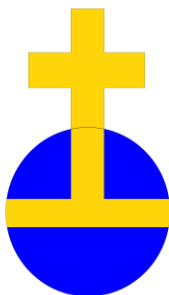
# HEALTH CARE



GO DEEPER

SAINT  
CHRISTOPHER  
JOURNEYS

EDUCATIONAL  
TRAVEL FOCUSING  
ON JUSTICE  
THROUGH A  
CATHOLIC LENS



Would you like to take a group of college students on a journey either for academic credit or as a service experience, and you're not sure where to start? *Saint Christopher Journeys* can take care of everything for you—collecting travel documents and fees, arranging transportation and accommodations, providing materials to build a syllabus for your class, helping you organize pre-journey and post-journey meetings, providing materials for prayer and reflection, and more. All you need to do is recruit ten students. If your school will cover your costs, your students pay less, and group size can be less than ten. **How is Saint Christopher Journeys different from other study abroad companies?** The purpose of Saint Christopher Journeys is: *Educational Travel Focusing on Justice through a Catholic Lens*. On a Saint Christopher Journey, you will visit museums and shrines, just like you would with another organization. You will *also* visit faith-based schools, orphanages, refugee shelters, hospitals, and other social services doing justice in their communities. In addition, your group will be provided with resources for reflection and social analysis informed by *Catholic Social Teaching*. On your journey, your students will do some direct service with those in need. In short, on a Saint Christopher Journey, **you go deeper**. **What if not all my students are Catholic...and I'm not Catholic?** The agencies with which we work for site visits are all faith-based, and we can include Protestant, Jewish, and Muslim sites if you like. Also, we provide materials for reflection, but it is up to you which you use and how you use them.

Estimated fees based on minimum ten paying students. A customized budget is made for each group, and number of students can vary.	Student fee if leader fee is free with 10 students	Student fee if leader fee paid by college	Leader fee to college
Mexico City, 1 week	\$2,750	\$2,500	\$1,950
Mexico City, 2-week	\$4,000	\$3,650	\$2,925
Merida, 1-week, homestay & at-home meals	\$2,550	\$2,325	\$1,825
Merida, 2-week, homestay & at-home meals	\$3,400	\$3,100	\$2,500
Merida, 1-week, hotel and restaurant meals	\$2,650	\$2,400	\$1,875
Merida, 2-week, hotel and restaurant meals	\$3,675	\$3,350	\$2,675
Rest of Mexico, 1-week (price can greatly vary)	\$3,575	\$3,250	\$2,550
Rest of Mexico, 2-week (price can greatly vary)	\$5,400	\$4,875	\$3,925
Havana, 1-week, hostel/rustic B&B	\$2,425	\$2,250	\$1,650
Havana, 2-week, hostel/rustic B&B	\$3,600	\$3,300	\$2,500
Havana, 1-week, boutique hotel/upscale B&B	\$2,700	\$2,575	\$1,900
Havana, 2-week, boutique hotel/upscale B&B	\$4,175	\$3,950	\$2,900
Cuba cross-island 1-week extension	\$1,625	\$1,425	\$1,175
Uganda, 12-day plus travel days	\$4,900	\$4,450	\$3,600
Uganda, 19-day plus travel days	\$6,150	\$5,575	\$4,575
Tolton/Black Lives Matter, 3-day (no transport)	\$500	\$450	\$350
Tolton/Black Lives Matter, 1-week (no transport)	\$1,000	\$900	\$700
Chicago, 3-day (no transportation included)	\$350	\$300	\$250
Chicago, 1-week (no transportation included)	\$775	\$700	\$550
Memphis, 3-day, (no transportation provided)	\$375	\$325	\$250
Memphis, 1-week (no transportation provided)	\$700	\$650	\$500
Louisville, 3-day, (no transportation provided)	\$400	\$375	\$300
Louisville, 1-week (no transportation provided)	\$800	\$750	\$600
Over the Rainbow, 3-day (no transportation)	\$200	\$175	\$125
Over the Rainbow, 1-week (no transportation)	\$350	\$300	\$250

If your university or sponsoring institution pays for the cost of the group leader, the fee for your student participants decreases significantly, and the minimum number of students reduces from ten to five. The fee for that group leader is also reduced because overhead and charity are not charged on the leader's fee.

Fees include airfare from Midwest and Eastern U.S. airports, ground transportation, health/travel insurance, shared-room housing, meals, and museums. There can be some slight variations in cost (up or down) based on particulars of dates and accommodations. The price is finalized before your organization enters into a plan with *Saint Christopher Journeys*. Keep in mind that if your students are earning credit, they might be able to include the cost of travel in their financial aid package.

**Want to purchase your own flights? Already have a group travel insurance policy through your school? We can adjust to fit your needs and your budget!**

**10% of the student fees are donated to local charities in the communities visited.**

Saint Christopher Journeys are restricted to adults 18 and older who are legally self-responsible. Journeys do involve walking on unpaved paths, using stairs, long rides and flights, limited menus, and not always with air conditioning. You need to keep these things in mind before choosing to make a journey.

**How does a student journey differ from an adult journey?** The student journeys are a bit longer, and they may involve some direct service. Accommodations are more basic, but still safe and comfortable. For faculty/staff or alumni/ae groups, take a look at the adult group journeys. They might be a better fit.